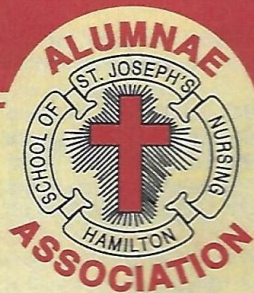


# ALUMNAE IN ACTION



St. Joseph's School of Nursing  
Alumnae Association  
Newsletter Editor  
18 Suter Crescent  
Dundas, ON L9H 6R5  
[www.sjsnaa.com](http://www.sjsnaa.com)

January 2016



Dear Nursing Colleagues

Year 2015 saw us celebrate our 100th Anniversary of our Alumnae. There were wonderful turnouts for all of our events: the Mass, the Luncheon and the Tea. The numerous "Thank You" telephone calls, e-mails, cards and letters to the Executive expressing your enjoyment of all the events, including the October newsletter, were heartwarming and encouraging. I think that Frank Sinatra's song best summarizes 2015 as....*"it was a very good Year."* 🎵

As most of us reflect on the events of this past year, we know that we are blest. Thanks to our ancestors who left their homelands ages ago to seek security and safety in Canada, we have inherited the freedom to build a life for ourselves in a country that is open to all people regardless of skin colour, language, religion or background.

Immigration isn't new to Canada. It is the backbone of our culture. It is the glue that binds us together.

As Canadians we have, once again, generously opened our hearts and wallets to welcome a new set of refugees to our country and by doing so, invite them to become part of our heritage.

Now, isn't that what being a Canadian is all about?

Your President  
Cheryl Gravelin McQueen '66



## Congratulations to Honourary Membership Recipients for 2016

Patricia Conroy-Braine '71A, Doreen Cowan '61, Mary Jane Bews Donaldson '65, Linda King Hardcastle '67, Julia Hewitt Mumedjian '66, Carolyn Fletcher Smith '61, Maureen Heffernan Smith '71A

We are pleased to announce that we now have **235 Active Honourary Members**. Honourary member status is awarded for 25 years of **continuous** alumnae membership. While Honourary members are still required to pay their yearly membership fee, they are awarded a beautiful gold pin at the alumnae luncheon in May, in recognition of their dedication to their nursing alumnae.



*Patricia Newman  
Conroy Braine '71A*



*Doreen Cowan '61*



*Mary Jane Bews  
Donaldson '65*



*Linda King  
Hardcastle '67*



*Sister Mary Catherine  
of Sienna  
a.k.a.  
Julia Hewitt*



*Carolyn Fletcher  
Smith '61*



*Maureen Heffernan  
Smith '71A*

## Remembering Mary Kathleen "Kay" O'Sullivan McPhee '55

by Cheryl Gravelin McQueen '66 - President

After Kay's graduation in 1955, she worked at St. Joe's in many areas including 20 years as Head Nurse in the Emergency Department. She loved her staff, and turn, her staff loved her.

*"When I graduated in 1968 and went to work in ER at St. Joe's, Kay McPhee was my first Head Nurse. I was one of many who Kay kindly put under her wing and freely taught us all the finer points of how to become and how to behave as a caring ER nurse. I became Kay's protégé and it all happened as easy as breathing. I believe that through Kay's constant guidance and encouragement many professional opportunities opened up for me in distant and exotic countries, ones that I could never have achieved on my own. I will miss her, her warmth and her smile. Kay may you rest in peace and tranquility."* Rose Dzugan '68

Kay was among the founding members of the Emergency Nurses Association of Ontario where she served as the first president. She was awarded the Queen Elizabeth's medal, the Silver Jubilee, in honour of outstanding service to others. She was known as a knowledgeable and compassionate nurse and later finished her career as the Director of Nurses at Idlewyld Manor. Kay was Vice President, President and Past President of St. Joseph's School of Nursing Alumnae Association from 2000-2006 inclusive.

As President of the Alumnae Association she was instrumental in updating our Alumnae Constitution. After her presidency, Kay remained active lending her talents to our Reunion Day Events. She would help with the 50/50 draw along with her dear friend Connie Siganski Owen '55 who recently died in October 2015.

On behalf of the Executive and the entire Alumnae Association, I would like to extend our sincere condolences to Kay's family, friends and her classmates. A great light has been extinguished from our midst.

*"Death leaves a heartache  
no one can heal.*

*Love leaves a memory  
no one can steal."*

*Famous Irish quote*



***Congratulations to Sandra Romagnoli Easton '67  
on her election as Mayor,  
Town of Lincoln 2014 – 2018.***

***Sandra says that you cannot imagine how much  
the planning and envisioning for the future of your  
municipality is driven by the nursing process.***

***She encourages nurses to seriously consider  
public office.***



***Sandra Romagnoli  
Easton '67***

***Kathleen O'Sullivan McPhee '55***

***1997 - 2000    Newsletter Editor***

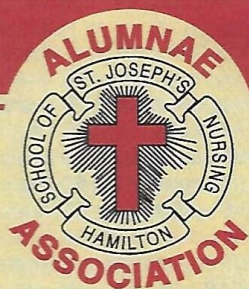
***2000 - 2001    Vice President***

***2001 - 2003    President***

***2204 – 2006    Past President***



# ALUMNAE IN ACTION



St. Joseph's School of Nursing  
Alumnae Association  
Newsletter Editor  
18 Suter Crescent  
Dundas, ON L9H 6R5  
[www.sjsnaa.com](http://www.sjsnaa.com)

April 2016

Dear Nursing Colleagues

Our Annual Reunion Day Mass and Luncheon will be held on Thursday May 26, 2016.

For those who are only able to attend on their anniversary years, there have been some changes since the last time you came.

1. Our place of both the Mass and Luncheon celebrations are at Michelangelo Banquet Centre, 1555 Upper Ottawa Street, Hamilton.
2. Our time of the Mass has changed to 10:00 a.m.
3. The price of the luncheon has changed to \$55.00 due to:
  - a. the falling loonie
  - b. hike in food costs.
4. We welcome our new Luncheon Coordinator
  - a. Kathy Jackson '73  
more details on page 2 of newsletter
5. We welcome our new Luncheon Coordinator Assistant
  - b. Rose Dzigan '68



## Anniversary classes:

- a. if you wish your class photo to be taken and displayed in the October's newsletter, please inform the photographer, Cheryl McQueen (Newsletter Editor)
- b. please make a sign indicating what class you are from, and have a classmate hold this sign when photo is take; this is to provide accurate information and identification to the Newsletter Editor when she writes the newsletter for October.
- c. class photos will be taken AFTER the luncheon in the Centre and South Ball Room.
- d. looking forward to seeing everyone again!

Your President  
Cheryl Gravelin McQueen '66  
Page 1

## Reunion Day Events

Come and celebrate your special year

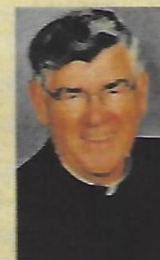


1941 celebrating 75 years  
1946 celebrating 70 years  
1951 celebrating 65 years  
1956 celebrating 60 years  
1961 celebrating 55 years  
1966 celebrating 50 years  
1971A celebrating 45 years  
1971B celebrating 45 years  
1976 celebrating 40 years



Thursday May 26, 2016

at  
Michelangelo Banquet Centre  
1555 Upper Ottawa Street  
Hamilton ON L8W 3E2  
905-575-9955



Time of MASS: 10:00 a.m.

in the

**North Ball Room**

**Celebrant: Father Ron Cote**

Free coffee and punch available after Mass

Cash bar open at 11:30 a.m.

Time of luncheon: 12:30 p.m.

in the

**Centre & South Ball Room**

**Ticket Price is \$55.00**

Tickets are available from  
Kathy Jackson '73  
78 Twentyplace Blvd  
Mount Hope ON LOR 1W0  
289-759-0246

When ordering tickets, please:

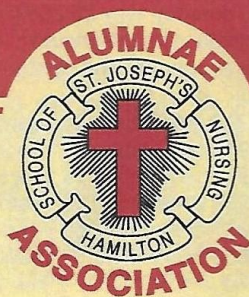
- 1) State year of graduation or year with whom you wish to sit
- 2) Identify if special diet requirements or food allergies
- 3) include a self-addressed stamped envelope
- 4) make cheque/money order payable to

**Alumnae Association, St. Joseph's School of Nursing**

The final date for the dinner ticket purchase is **Thursday May 12, 2016**

Those who need/wish to renew their membership may do so at the same time when ordering luncheon tickets

# ALUMNAE IN ACTION



St. Joseph's School of Nursing  
Alumnae Association  
Newsletter Editor  
18 Suter Crescent  
Dundas, ON L9H 6R5  
[www.sjsnaa.com](http://www.sjsnaa.com)

October 2016

Dear Nursing Colleagues

At 10:00 a.m. on Thursday May 16, Karen Wilson Martin '69 warmly welcomed all in attendance to our Annual Reunion Day Mass. Father Ron Cote, started our day by celebrating Mass in the North Ball Room at Michelangelo's Banquet Centre. With his normal sense of humour and wit, Father Cote during his homily reminisced about his experiences of being a patient and being tended to by his "guardian angels" i.e. the nurses. Along with his "nursing" experiences, he included his fond memories of his sister Helen Cote Keegan '66, her student nursing days and her graduation day from St. Joseph's School of Nursing. He finished his homily with these thoughts: nursing is definitely a calling from God and thanked all of us for answering that call.

Many thanks to Mary K. Taborek '63, Lucy Parkinson Adam '60 and Jeannine Heil Giavedone '65 for all the hard work that went into the organizing our Reunion Day Mass.

After Mass, the foyer and dining rooms were swarming with people eager to connect with classmates, and to share memories recapturing those years of being nursing students. Thrown into this mix was the exciting hub-dub of activity as grads surrounded the 50/50 table, the raffle table, the membership table and door prize area. A formula for a perfect reunion day!

And soon came that moment when our Annual Reunion Day Piper, Michael Cuff, piped in the Head Table. This was followed by those celebrating their 50th reunion - the CLASS OF '66! Fifty years ago they were "new grads." Little did they know that fifty years later, they would be reminiscing on what they had accomplished throughout those years; Department Heads, Teachers, Professors, CEO's of their own companies - bringing their nursing skills to all four corners of the world, from the Arctic to the Antarctic, from Canada to Africa, from Europe to Australia, from New Zealand to Asia and points in between. Fifty years of memory making!

Sitting at the Head Table were guests of honour. Larisa Volman-Director of Nursing Practice, Cheryl Evans-Director of Nursing Professional and Policy Advisor Practice, both from St. Joseph's Healthcare, & Kelly Dunham - Alumni Services Coordinator Mohawk College Foundation. Larisa Volman brought warm greetings and best wishes from St. Joseph's Healthcare.

With almost 400 nurses in attendance, chatter and laughter filled the room creating a fun filled atmosphere. A most enjoyable day. So on behalf on our entire Executive, I would like thank Brenda and her staff at Michelangelo's for being so accommodating and for tending to our every need. You always go that extra mile. What a joy it is to plan our Reunion Day with you. To the Executive and volunteers: you made this day special! Thank you.

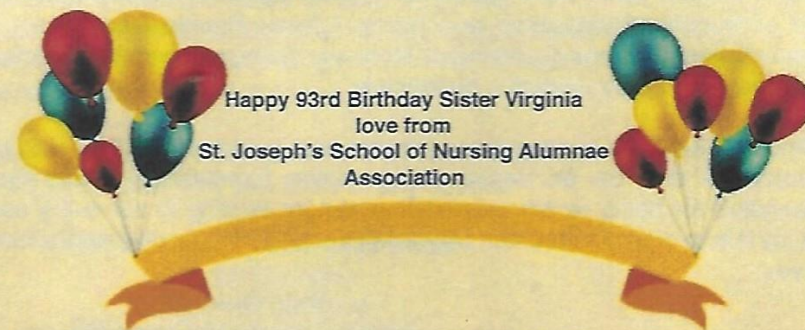
Your President  
Cheryl Gravelin McQueen '66

## 100th Birthday Jean Webster-Sheppard '37 on August 13, 2016



Happy 100th Birthday Jean  
love from  
St. Joseph's School of Nursing  
Alumnae Association

## 93rd Birthday Sister Virginia Hanlon '45 on September 1, 2016



Page 2



ST. JOSEPH'S GRADS and NURSING FRIENDS of the ALUMNAE

## ANNUAL REUNION DAY

Thursday May 26, 2016

ANNUAL REUNION DAY MASS and LUNCHEON

MICHELANGELO BANQUET CENTRE  
1555 Upper Ottawa St., Hamilton, ON L8W 3E2

Time of Mass: 10:00 a.m. in the North Ball Room

*Free coffee and punch available after mass. Cash bar opens at 11:30 a.m.*

Time of Luncheon: 12:30 p.m. in the Centre & South Ball Rooms

**Ticket Price is \$55.00**

For ticket information, please contact:

Kathy – Luncheon Coordinator  
[sjsnaareunion@gmail.com](mailto:sjsnaareunion@gmail.com)

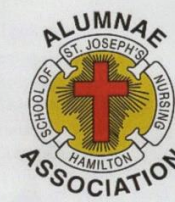
Final date for luncheon ticket purchase is **Thursday, May 12, 2016**

Those who need/wish to renew their membership may do so at the same time  
when ordering luncheon tickets

Karen Wilson Martin '69 welcoming all  
to the Reunion Day Mass



Welcome to



ANNUAL  
REUNION DAY

LITURGY OF THANKSGIVING

Thursday, May 26, 2016  
10:00 a.m.

Michelangelo Banquet Centre  
1555 Upper Ottawa Street  
Hamilton, ON  
L8W 3E2





Insert #3

## Highlights from our Reunion Day

*Thank You*  
TO OUR FABULOUS  
*Volunteers*

The key to our success rests in volunteers like you, bringing your spirit of giving in all that you do. Thanks to: Moira Neil Brown '73, Kristine and Julie Blaskivich '76, Pam and Teresa Mass '74, Ellen Monkhouse Pat Giesbretch Fullerton '73, Marg Lancaster Newport '73, Judy Wilson Ersser '73, Connie Morley '64, Maria Silvestri Heij '66.

### HONORARY MEMBERSHIPS

*Patricia Conroy Blaine '71A*  
*Doreen Cowan '61*  
*Mary Jane Bews Donaldson '65*  
*Julia Hewitt Mumedian '66*  
*Carolyn Fletcher Smith '61*  
*Maureen Heffernan Smith '71A*

### RAFFLE PRIZES

*Rose Dzugan '68*  
*Ellen Monkhouse '68*



*Jenny Smutniak McDermott '65*  
*Linda Bogoslawski Lipsitt '72*



### Thank you for your donations to St. Joseph's School of Nursing Alumnae Association

From the Class of 1961	\$400.00
From the Class of 1971A	\$350.00 in memory of deceased classmates
From the Class of 1971B	\$175.00 in memory of Isabelle Kerr '60
From the Class of 1966	\$666.66
From the Class of 1978	\$250.00
From the Class of 1952	\$ 50.00 in memory of Glenna Bowier Annis '52
From the Class of 1952	\$ 50.00 in memory Lillian Madej Orzel '53



*Handmade quilt donated by  
Marjorie Dyett '66*



***Jane Clayson '76 gave  
Opening Grace***



## ***Sister Ann Marshall '56 gave Closing Grace***



Jim Shipley '71A Needle point donated to the Alumnae  
Jim Shipley '71A Needle point donated to the Class '71A  
Jim Shipley '71A Needle point donated to the Class '71B  
Hand-made Quilt by Marjorie Dyett '66  
Gift Certificate \$100.00 Ancaster Spa Anonymous  
Gift Certificate \$50.00 Henry's Camera Ancaster Anonymous  
Gift Basket \$100 Alumnae Donation  
Gift certificate \$50.00 to Swiss Chalet  
Gift certificate \$50.00 Fortinos  
Gift certificate \$50.00 to LCBO  
Gift certificate \$50.00 Shoppers Drug Mart  
50/50 draw

and the  
winner is...

\*St. Joseph's Villa  
Marilyn Quinn Prowse '71A  
Karen Gamelin Pearce '71B  
Connie Morley '64  
Unclaimed  
Shirley McDonald Cole '66  
Lois Goodbrand Rielly '56  
Jane O'Brien '49  
Bev Greenwood '70  
Julie Blaskivich '76  
Janice Gowland Peet '63  
Diane Losier '58 won \$912.50

Dinner (ticket stub) door prizes

1. \$50.00 Julia Mumedjian '66
2. \$50.00 Diane Bendia Poehlman '71B
3. \$50.00 Alice van Dyk '71A
4. \$50.00 to graduate who travelled farthest-Elizabeth Donnelly Power '66 from Australia over16,000 miles

\*St. Joseph's Villa in Dundas has always been very accomodating to our Executive. They have, over the many years, provided us with conference rooms for our Executive meetings, at no cost to us. As a token of our appreciation, we are donating Jim Shipley's needlepoint "A DutchTulip" to the Villa for the residents to enjoy.



A Gift of Gratitude to Jim Shipley '71A  
from  
St. Joseph's School of Nursing Alumnae Association  
by  
Cheryl Gravelin McQueen '66

"For many many years, Jim has annually donated beautiful needlepoints and cross stitches to the Alumnae to be raffled off on our Reunion Day with the proceeds going to our Alumnae. Grads line up to purchase these tickets in hopes of winning one of your masterpieces.

This year is no different. Jim has donated 3 needlepoints: one to the Alumnae to be raffled off, one to the classes celebrating their 45 anniversary:

- Class of '71A to be raffled off ONLY to the class of '71A,
- Class of '71B to be raffled off ONLY to the class of '71B.

It's Jim's way of celebrating their combined 45 years as graduates of St. Joe's. Not only has Jim done that, but ALL proceeds from all 3 raffles are being donated to the Alumnae.

On behalf of St. Joseph's School of Nursing Alumnae Association, I want to thank you Jim for everything you have done and present you with our token of appreciation."



Jim's "Thank You Letter"  
to  
St. Joseph's School of Nursing Alumnae

"Dear Cheryl

I want to thank you, the Executive and the members of St. Joseph's School of Nursing Alumnae for the mantle clock.

I was not expecting this honour. Every time I look at this gift of gratitude, I cherish it even more.

Thanks  
Jim Shipley '71A."

Reverse side of Insert 4



Jim Shipley '71A





Toast to the Alma Mater  
by  
Pat Faulkner Duxbury '66

It is my pleasure to give the toast to St. Joseph's School of Nursing on behalf of the 50 year Class of 1966.

The setting today is very different than when we graduated and were welcomed into this Alumnae Association with a very proper Mother-daughter tea. We wore hats, dresses, nylons and ate delicate sandwiches while alumnae members, wearing gloves, poured tea from a silver tea service. After graduation, we were invited yearly to the Chrysanthemum Ball, the formal Alumnae Association dance.

We all share wonderful memories of our days as student nurses and we thank our Alumnae Association for providing the means to allow us to reconnect with friends and witness the ongoing success of our alumnae members.

50 years ago my class were seniors and now we are seniors again! When we came into nursing, our adolescence was definitely challenged. We were to live, study and work with complete strangers but these strangers quickly became our family. We learned to share so much, whether it be uniforms, study notes or a ready supply of blind dates. We worked hard to diligently practice new skills such as injection technique, creatively injecting oranges with vodka and piercing each other's ears!

Living in residence, rules were strict: 10:00 pm curfews, the need to sign in and out every time one left the building, as well as late night impromptu meetings in a classroom with the Director of Nursing to deal with problems in residence. Everything from the fear and anxiety being caused by playing with the Ouija board to who replaced the sugar bowls with salt in the Nursing Office staff kitchen, that we shared while living in Undermount.

Through all of this, we grew together and learned that a job can only be accomplished well with the full support of our family or the community in which we work. But raising a family requires exceptional teachers and these were in abundance. Looking around the room today, I see many of the classroom and clinical teachers and staff nurses who inspired us and prepared us for going out into the world and living the overwhelming "life of experience."

Thank you for teaching us 3 wonderful lessons: maturity, responsibility and team work. Together, arm in arm, we have worked to make a difference for the health of all people, whether it be in the clinical settings of the hospital, the local community, the classroom, in service to the poor of the world or in the board room helping shape policy.

On behalf of all of the graduates of St. Joseph's School of Nursing, we honour the dedication and commitment of the Sisters of St. Joseph and the many, many graduates who have worked tirelessly on behalf of our alma mater.

Please raise your glass in a toast to our alma mater:

"to St. Joseph's School of Nursing"



**Patricia Faulkner Duxbury '66**



**Karen Wilson Martin '69**



Tribute to Karen Wilson Martin '69  
by  
Sister Ann Marshall '56

Alumnae Reunion Luncheon, 2016

It is a distinct privilege to laud a most remarkable woman loved and cherished by every alumnae present and past. How this opportunity became mine is one of life's mysteries. In spite of that I am humbled to represent our Alumnae on this occasion.

Baby Karen was welcomed by proud parents, Grace and Earl, living in the town of Hagersville. I'm certain when they held this precious daughter they had wondrous dreams for her future. And if they were with us this afternoon they could see how many lives this much loved woman has impacted in her quiet, caring, and personal way.

Each of us has experience Karen's special gift of compassionate concern. It is her signature quality that she shares daily with others. Along with a tender heart, Karen is the memory keeper of the Alumnae; she knows each one by name, class, and their seating preferences at any Alumnae event.

Karen graduated from St. Joseph's School of Nursing in 1969 and worked for two years in the Emergency department at St. Joes. 1971 Karen joined the staff in the Learning Resource Center at the School of Nursing while studying towards a degree which she earned in 1979. In 1975 Karen joined the Faculty of Nursing, Mohawk Campus, and taught for 9 years on the Brantford Campus returning to the Chedoke Campus 'til retirement.

Karen has served the Alumnae Executive in many roles and is retiring after 30 - out of the ordinary - years of devoted and unstinting service. Since we won't let her go, the Alumnae has created the position of Consultant to the Alumnae, and Karen is the first person to hold this position.

Karen you ARE the best and number one in our hearts; your greatest admirer, Doug, agrees. Thank you, and God bless you in every way every day.

Karen's "Thank You" to  
St. Joseph's School of Nursing Alumnae



*"A sincere thank you to the St. Joseph's School of Nursing Alumnae Executive for recognition of my participation in the Annual Reunion Day events over the years, which occurred at this year's reunion day luncheon. I appreciated the thoughtful tribute by Sister Ann Marshall (also known by some as Sister Maris Stella) and the beautiful red roses as well as emails and well wishes. Isabel Kerr and I thought we had the best job ever for our Reunion Day as we had the opportunity to meet so many of our graduates."*

*Who would imagine that over 400 graduates from St. Joseph's would continue to meet annually for mass and lunch even though there has not been a grad since 1978. Thank you for the wonderful memories."*

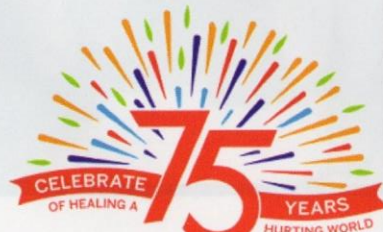
Karen

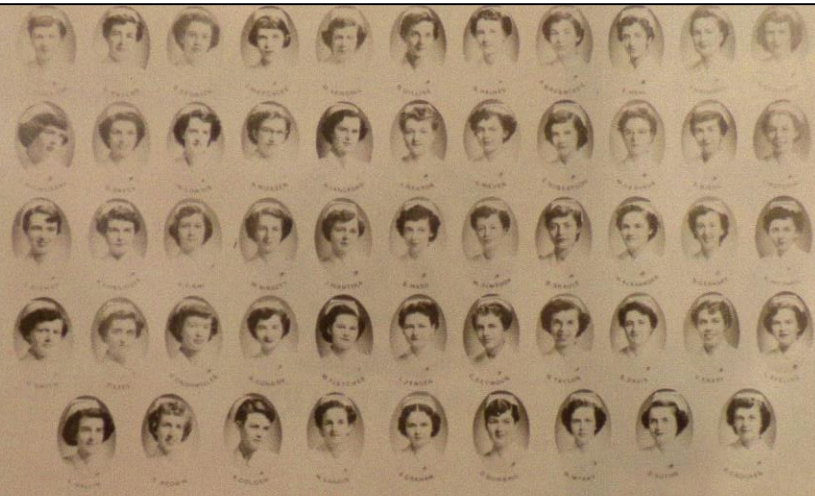


To the Grads of '46 and '41

For those who were able to attend the  
Reunion Day Events but were unable  
to stay for the photos;  
and to those who were unable to  
attend the Runion Day Events:

*Happy 70th and 75th  
Anniversaries.*





GRADUATING CLASS 1951  
ST. JOSEPH'S SCHOOL OF NURSING  
HAMILTON ONTARIO

## CLASS OF '51

65<sup>th</sup>  
Anniversary • Anniversaire  
1951 - 2016





## CLASS OF SEPT '56



Cheers  
to  
60  
Years



## CLASS OF FEB '56

60 Years of  
Nursing





With us in spirit

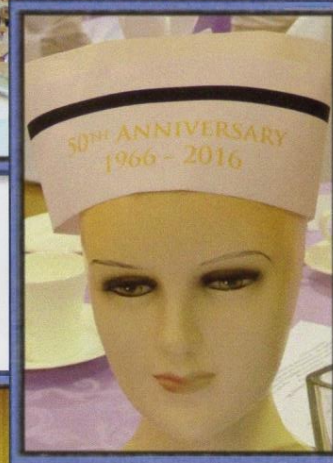


Celebrating at Baranga's On The Beach



CLASS '66

50 CELEBRATING FIFTY YEARS



CLASS 71'A



Class of 71 'B  
Evening Class Celebration May 25, 2016



CLASS 71 'B

